

1. āsanam

om sarvāntaryāmine deva
sarva-bījāṃ idaṃ tataḥ |
ātma-sthāya param śuddham
āsanam kalpayāmy aham || + mula mantra

2. svāgatam

om kṛtārtho 'nugṛhīto 'smi
sa-phalam jīvitam tu me |
yad āgatao 'si deveṣa
cid-ānanda-mayāvyaya ||
svāgatam su svāgatam + mula mantra

3 . Tulasi

vrindaai tulasi devyai priyaai kesavasya ca
visnubhaktiprade devi satyavatyai namo namah
+ mula mantra

4. pādyam

om yad-bhakti-leṣa-samparkāt
paramānanda-samplavaḥ |
tasya te parameśāna
pādyam śuddhāya kalpate || + mula mantra

5. arghyam

om tāpa-traya-haram divyam
paramānanda lakṣaṇam |
tāpa-traya-vimokṣāya
tavārgyam kalpayāmy aham || + mula mantra

6. ācamanīyam

om vedānām api vedāya
devānām devatātmane |
ācamam kālpayām īśa
śuddhānām śuddhi-hetave || + mula mantra

7. madhuparkaḥ

om sarva-kalmaṣa-hīnāya
paripūrṇaṁ svadhātmakam ।
madhuparkam imaṁ deva
kalpayāmi prasīda me ॥ + mula mantra

8. punar-ācamanīyaṁ

om ucchiṣṭo 'py aśucir vāpi
yasya smaraṇa-mātrataḥ ।
śuddhim āpnoti tasmai te
punar ācamanīyakam ॥ + mula mantra

9 . Piṣṭa pradīpa ghee lamps

esa dipah + mula mantra

chanting the *Hiraṇyagarbha Sūkta*

10 . snānīyam

om paramānanda-bodhābdhi-
nimāgna-nija-mūrtaye ।
saṅgopaṅgam idaṁ snānaṁ
kalpayāmy aham iśa te ॥ idam snānūyam + mula mantra

11 . smearing scented oil

chanted the savitri gayatri. and
om tad viṣṇoḥ paramaṁ padaṁ sadā paśyanti sūrayaḥ divīva cakṣur ātatam ।
sugatam Thailam + mula mantra

12 . Rub sesame paste on the Lord's body

om mūrdhānaṁ divo aratiṁ pṛthivyā
vaiśvānaramṛta ā jātam agnim ।
kaviṁ samrājamatithiṁ janānā
māsannā pātraṁ janayanta devāḥ ॥
om yajnesvaraya yajnaya sambhavaya yajnapataye
govindaya namo namah

idam tila udvartanam + mula mantra

13 . bathe the Lord in water mixed with sesame seed paste

om tilo 'si somadeva 'tyo gosavo deva nirmitaḥ |
prayatna madbiḥ pṛktaḥ sudhayā puṣṭvā piṭṛn lokān pṛṇāhi naḥ svāhā ||
+ mula mantra

14 . change the Lord's cloth

idam vastram + mula mantra

15. Flover and Frut Garland

maliyam samarpami + mula mantra

16. bathe again in pure water,

om varuṇasyottambhanam asi
om varuṇasya skambhasarjanī stho
om varuṇasya ṛta sadany-asi
om varuṇasya ṛta sadanam asi
om varuṇasya ṛta sadanam āsīda

om tat tvā yāmi brahmaṇā vandamānas
tadā śāste yajamāno havirbhiḥ |
aheḍamāno varuṇeha bodhyu
ruśamsa mā na āyuh pra moṣṭī ||

om varuṇaḥ prāvitā bhuvan mitro viśvābhir utibhiḥ |
karatām naḥ surādhasaḥ ||

om yajnesvaraya yajnaya sambhavaya yajnapataye
govindaya namo namah

idam snaniyam + mula mantra

17. Pañcagavya Snāna:

17 . 1 Cow urine:

om bhūr bhuvaḥ svaḥ | tat savitūr vareṇyam |
bhargo devasya dhīmahi | dhiyo yo naḥ pracodayāt(e) ||
+ mula mantra

17. 2 Cow dung:

om gandha-dvārām durādharśām nitya-puṣṭām karīṣyām |
īśvarīm sarva-bhūtānām tām ihopahvaye śriyam ||
+ mula mantra

17 . 3 Milk:

om āpyāyasva sametu te viśvataḥ soma vṛṣṇyam |
bhavā vājasya saṅgathe || + mula mantra

17 . 4 Yoghurt:

om dadhi-krāvṇo akarisaṁ jiṣṇor aśvasya vājinaḥ |
surabhino mukhākarat pra-ṇa āyūgmaṣi tarīṣat(e) | + mula mantra

17 . 5 Ghee:

om tejosi śukram asy amṛtam asi dhāma nāmāsi |
priyaṁ devānām anādhṛṣṭaṁ devayajanam asi || + mula mantra

18 . Kuśa water:

om devasya tvā savituḥ prasave 'śvinor bāhubhyām pūṣṇo hastābhyām |
sarasvatyai vāco yantur yantrine dadhāmi bṛhaspateṣṭvā sāmṛājenā 'bhiṣiñcāmy asau ||
agnaye juṣṭaṁ grhṇāmy agnīṣomābhyām juṣṭaṁ grhṇāmi || + mula mantra

Pañcāmṛta Snāna:

19 . 1 Milk:

om payaḥ pṛthivyāṁ paya oṣadhīṣu
payo divyāntarikṣe payodhāḥ |
payasvatīḥ pradiśaḥ santu mahyam || + mula mantra

19 . 2 Yoghurt:

om dadhi krāvno akariṣam jiṣṇor aśvasya vājinaḥ |
surabhino mukhākarat praṇa āyū(g)mṣi tāriṣat(e) || + mula mantra

19 . 3 Ghee:

om ghṛtaṁ ghṛtapāvānaḥ pibata vasāṁ vasāpāvānaḥ pibatā 'ntarikṣasya havir asi svāhā ||
om diśaḥ pradiśa ādiśo vidiśa uddiśo digbhyaḥ svāhā || + mula mantra

19. 4 Honey:

om madhu vātā ṛtāyate madhu kṣaranti sindhavaḥ madhvīrnaḥ santvauṣadhīḥ ||27||
madhu naktam utośaso madhumat-pārthivāgṁ rajaḥ madhu dyaaur astu naḥ pitā ||28||
madhu mānno vanaspatir madhumāgṁ astu sūryaḥ mādhvīr gāvo bhavantu naḥ ||29||

om madhu om madhu om madhu + mula mantra

19 . 5 Sugar:

om apāgṁ rasam udvayasagṁ sūrye santagṁ samāhitam |
apāgṁ rasasya yo rasas tam vo gṛhnāmy uttamam upayām aghṛīto 'sīndrāya tvā juṣṭam
gṛhnāmy eṣa te yonir indrāya tvā juṣṭatamam || + mula mantra

20 . Uṣnodaka snāna Warm water.

om sapta te agne samidhaḥ sapta
jihvāḥ sapta ṛsayāḥ sapta dhāma priyāṇi |
sapta hotrāḥ saptadhā tvā yajanti
sapta yonīr āprnasva ghṛtena svāhā ||
+ mula mantra

21 . Sarvaṣadhi snāna (herbal bath):

om yā oṣadhīḥ pūrvājātā devebhyas triyugam purā |
manainu babhrūṇām ahagm śatam dhāmāni sapta ca ||
+ mula mantra

22 . Mahauṣadhi snāna (second herbal bath):

om yā oṣadhīḥ somarājñīr bahvīḥ śata vicakṣaṇāḥ |
tā mahyam asmin āsane 'cchidrāḥ śarma yacchataḥ ||
+ mula mantra

23 . Maṅgala snāna (auspicious bath):

Dūrvāgrass , Kushagrass, Tulasi

om sumaṅgalīr iyaṁ vadhūr imām sameta paśyata |
saubhāgyam asyai dattvāyāthās taṁ viparetana ||
+ mula mantra

24 . Bījāṣṭaka snāna (eight-seed bath):

One should bathe the Lord in water mixed with eight seeds, barley, wheat, wild rice, sesame, millet, rice paddy, panic seed, and rice which grows in sixty days, saying:

om ā brahman brāhmaṇo brahmavarcasī
jāyatāmā rāṣṭre rājanyaḥ śūra
iṣavyo 'tivyādhī mahāratho jāyatām
dogdhrī dhenur voḍhānaḍvānāśuḥ
saptīḥ purandhir yoṣā-jīṣṇū ratheṣṭhāḥ
sabheyo yuvāsyā yajamānasya vīro jāyatām
nikāme nikāme naḥ parjanyaḥ varṣatu
phalavatyo na oṣadhyāḥ pacyantām
yogakṣemo naḥ kalpatām || + mula mantra

25 . Ratnodaka (jewel water):

One should bathe the Lord in jewel-water (one can either leave the jewels in water for some time, or place *pañcaratna* or *navaratna* in the conch shell during the bathing) while chanting:

om hiranyākṣaḥ savitā deva āgād dadhad ratnā dāśuṣe vāryāṇi ||8||
om pāvamānīr daśantu na | imaṁ lokam atho amūm |
kāmaṁ samardhayantu naḥ | devīr devaiḥ samābhṛtāḥ ||13||
pāvamāniḥ svastyayanīḥ | sudughā hi ghṛtaścutaḥ |
ṛṣibhiḥ sambhṛto rasaḥ | brāhmaṇeṣv amṛtagṁ hitam ||14||
yena devāḥ pavitreṇa | ātmānaṁ punate sadā |
tena sahasra-dhāreṇa | pāvamānyaḥ punantu mā ||15||
prājāpatyaṁ pavitraṁ | śato dyāmagṁ hiraṇmayam |
tena brahmavido vayaṁ | pūtaṁ brahma punīmahe ||16||
indraḥ sunītī saha mā punātu | somaḥ svastyā varuṇaḥ samīcyā |
yamorājā pramṛṇābhiḥ punātu mā | jātavedā morjayantyā punātu ||17||
+ mula mantra

26 . Puṣpodaka (flower water):

om sarasvatyai bhaisajyena vīryāyān nādyāyā 'bhiṣīncāmi ||
+ mula mantra

27 . Phalodaka (fruit water):

One should bathe the Lord in fruit-water (either fruit soaked in water or pure fruit-juices), while chanting:

om yāḥ phalinīr yā aphalā apuṣpā yāś ca puṣpinīḥ |
bṛhaspati-prasūtās tā no muñcantvaghṁhasaḥ ||
+ mula mantra

28 . Gandhodaka snāna (scented water bath):

One should bathe the Lord in water mixed with scents such as musk and aguru, over which has been chanted the savitri gayatri.

29 . Gandha Rub wiht Sandalwood:

om drupadād iva mumucānaḥ svinnāḥ snāto malād iva |
pūtaṁ pavitreṇevajyam āpaḥ śundhantu mainasaḥ ||
+ mula mantra

30 . Candanodaka snāna (sandalwood water):

om samudraṁ gaccha svāhā
'ntarikṣaṁ gaccha svāhā
devaḡṁ savitāraṁ gaccha svāhā
mitrā-varuṇau gaccha svāhā
'horātre gaccha svāhā
chandāgṁsi gaccha svāhā
dyāv-āpṛthivī gaccha svāhā
yajñaṁ gaccha svāhā
somaṁ gaccha svāhā
divyaṁ nabho gaccha svāhā
'gnīṁ vaiśvānaraṁ gaccha svāhā
mano me hārdi yaccha divaṁ te dhūmo gacchatu
svar-jyotiḥ pṛthivīm bhasmanā 'pṛṇa svāhā ||

31 . Coloer Water

om tāgṁ savitur vareṇyasya citrāmā
'haṁ vṛṇe sumatiṁ viśvajanyām |
yāmasya kaṇvo aduhat prapīnāgṁ
sahasradhārām payasā mahīm gām ||
+ mula mantra

32 . Bananas, Butter, Sugar, Honey, Cream

smearing bananas, butter, sugar, hone and cream
on the Lord's body

33 . Sahasra-dhāra-snāna (shower pure water):

om tām savitur vareṇyasya citrāmā
'ham vṛṇe sumatiṁ viśvajanyām |
yāmasya kaṇṇvo aduhat prapīnāgm
sahasradhārām payasā mahīm gām ||
+ mula mantra

34 . Dust Him with a powder

35 . *Sahasra dhāra* with *mahauṣadhi*

om yā oṣadhīḥ pūrvājātā devebhyas triyugam purā |
manainu babhrūṇām ahagm śatam dhāmāni sapta ca ||

36 . *Sahasra dhāra* with maha osadhi

ya osadhiḥ purva jata devabhyas triyuga pura
manai mu babhrunam aham satam dahmani sapta ca

37. *Sahasra dhāra snāna* (sandalwood water):

om gandha-dvārām durādharśām nitya-puṣṭām karīṣiṇīm |
īśvarīgm sarva-bhūtānām tām ihopahvaye śriyam ||9||

“By *gandha* you become protected, continually nourished, and abound in purity, wealth, beauty prosperity. I call you here.” (*Śrī-Sukta*)

38 . *Sahasra dhāra* water with *aṣṭaka bīja*

One should bathe the Lord with *aṣṭaka bīja* water from the *sahasra dhāra*, while chanting:

om ā brahman brāhmaṇo brahmavarcasī
jāyatāmā rāṣṭre rājanyaḥ śūra
iṣavyo 'tivyādhī mahāratho jāyatām
dogdhrī dhenur voḍhānaḍvānāśuḥ
saptiḥ purandhir yoṣā-jiṣṇū ratheṣṭhāḥ
sabheyo yuvāsyā yajamānasya vīro jāyatām
nikāme nikāme naḥ parjanyo varṣatu
phalavatyo na oṣadhyāḥ pacyantām
yogakṣemo naḥ kalpatām ||
+ mula mantra

39 . *Sahasra dhāra* water mixed with flowers

om oṣadhayaḥ prati gr̥bhṇīta puṣpavatiḥ supippalāḥ |
ayaṁ vo garbha ṛtviyaḥ pratnagm̐ sadhastham ā 'sadat(e) ||
+ mula mantra

40 . *Sahasra dhāra* fruit water,

om oṣadhayaḥ prati gr̥bhṇīta puṣpavatiḥ supippalāḥ |
ayaṁ vo garbha ṛtviyaḥ pratnagm̐ sadhastham ā 'sadat(e) ||
+ mula mantra

41 . *Sahasra dhāra* jewel water from the *sahasra*:

om āśuḥ śísāno vṛṣabho na bhīmo
ghanāghanaḥ kṣobhanaś carṣaṇīnām |
saṅkrandano 'nimiṣa ekavīraḥ
śatagm̐ senā ajayat sākam indraḥ ||
+ mula mantra

42 . 8 Kalaśa snāna (waterpot bath):

om etonv indram stavām śuddham śuddhena sāmna |
śuddhair ukthair vāṛdhvāgm̐ sagm̐śuddha āśīrvān mamattu ||7||
indra śuddho na ā gahi śuddhaḥ śuddhābhir utibhiḥ |
śuddho rayim̐ ni dhāraya śuddhoḥ mamaddhi somyaḥ ||8||
indra śuddho hi no rayim̐ śuddho ratnāni dāśuṣe |
śuddho vṛtrāṇi jighnase śuddho vājam̐ siṣāsasi ||9||
+ mula mantra

43 . 16 *kalaśas* of *tīrtha* water mixed with *tulasī* and sandalwood paste,

Chant : Puruṣa Sūkta + mula mantra

44 . One should then rub a little ghee lightly on the Deity's body,

om tejo 'si śukram asy amṛtam asi dhāma nāmāsi priyam̐ |
devānām anādhṛṣtam deva yajanam asi ||
+ mula mantra

45 . One should bathe the Lord again with pure water,

om śanno devīr abhiṣṭaya āpo bhavantu pītaye ||
śamyor abhisravantu naḥ ||

om āpo hi ṣṭhā mayobhuvas tā na ūrje dadhātana |
mahe raṇāya cakṣase ||
yo vaḥ śivatamo rasas tasya bhājayateha naḥ |
uśatīr iva mātaraḥ ||
tasmā aram gamāma vo yasya kṣayāya jinvatha |
āpo janayathā ca naḥ |
om bhūr bhuvaḥ suvaḥ ||
+ mula mantra

46 . Puspa Abisheka

esha puspani
+ mula mantra

47 . Dry the Lord

Dry the Lord, take Him inside the deity room

48 . Vastram

om mayā citra-patācchāna
nija-guhyoru-tejase |
nirāvaraṇa-vijñāna
vāsam te kalpayāmy aham || idam vastram
+ mula mantra

49 . Uttarīya-vastram

om yam āśrītya mahā-māyā
jagat-sammohanī sadā |
tasmai te parameśāya
kalpayāmy uttarīyakam || idam uttarīya vastram
+ mula mantra

50 . Yajñopavītam

om̐ yasya śakti-trayeṇedaṁ
samprotam akhilaṁ jagat |
yajñe sūtrāya tasmai te
yajña-sūtraṁ prakalpayet || idam yajñopavītam
+ mula mantra

51 . Nirmancana (aratrika):

One should wave the herbs sahadeva, sadabhadra, suryavarta and kusa tips in circles before the Lord, saying:

kandat kandat prarohanti purusah parusas pari
eva no durve pratanu sahasrena satena ca
+ mula mantra

52 . Turmeric (aratrika)

One should offer sirisa and turmeric in the same way with the same mantra.

kandat kandat prarohanti purusah parusas pari
eva no durve pratanu sahasrena satena ca
+ mula mantra

53 . Dr̥ṣṭi Uttarana (deliverance from evil glances):

One should wave nima fruits, white and black mustard seeds and salt in front of the Lord to drive away inauspicious entities.

54 . Matsya Mocana:

One should throw a silver fish into) a pot of water.
(This should be shown to the Lord

55 . Padyam (foot wash):

om̐ yajñeśvarāya yajña sambhavāya yajña pataye govindāya namo namaḥ
etat padyam + mula mantra

56 . Acamaniyam (mouthwash):

om̐ yajñeśvarāya yajña sambhavāya yajña pataye govindāya namo namaḥ
idam acamaniyam + mula mantra

57 . Kalasa Drsti (viewing an auspicious pot):

One should present a pot filled with water and topped with leaves and coconut to the Lord and place it before him along with a variety of fruits.

om yajñeśvarāya yajña sambhavāya yajña pataye govindāya namo namaḥ
idam mangala kalasam + mula mantra

58 . Netronmilanam (opening the eyes):

One should then bless the Lord's eyes by touching them with a golden wand, saying:

tac caksur devahitam purastac chukram uccarat
pasyema saradah satam jivema saradah satam
srnuyama saradah satam prabravama saradah satam
adinah syama saradah satam bhuyas ca saradah satat + mula mantra

59 . Añjana (ointment, kajal): One should apply collyrium to the Lord's eyes saying:

anjate vyanjate samanjate
kratum rihanti madhunabhyanjate
sindhor ucchvase patayantam uksanam
hiranya pavah pasum asu grbhnate
om yajñeśvarāya yajña sambhavāya yajña pataye govindāya namo namaḥ

idam anjanam + mula mantra

60 . Tilaka:

One should apply rocana (yellow pigment from the cow) tilaka to the Lord's forehead saying:

yunjanti bradhnam arusam carantam apri tasthusah rocante rocana divi
om yajñeśvarāya yajña sambhavāya yajña pataye govindāya namo namaḥ

esa tilakah + mula mantra

One's mother or sister should then touch one hundred and eight blades of durba grass and puffs of raw cotton to the Lord's head.

61 .

One's mother or sister should then touch one hundred and eight blades of durba grass and puffs of raw cotton to the Lord's head.

62 . Homa (fire sacrifice):

63 . Puspa, (flowers a):

One should give the Lord flowers

om yajñeśvarāya yajña sambhavāya yajña pataye govindāya namo namaḥ
etani puspani + mula mantra

64 . Mala (garlands):

One should give the Lord Garlands. + mula mantra

65 . Pratisarah (wrist band)

One should bind the right wrist of the Lord with a yellow thread saying:

dirghaytvaya balaya varcase suprajastvaya,
casas atho jiva saradah satam
om yajñeśvarāya yajña sambhavāya yajña pataye govindāya namo namaḥ
esa pratisarah + mula mantra

om yajñeśvarāya yajña sambhavāya yajña pataye govindāya namo namaḥ idam malyam +
mula mantra

66 . Darpana (mirror):

Oe should offer a mirror to the Lord and let Him look at His reflection.

pratipad asi pratipade tvanupady asi anupade tva
sampad asi sampade tva tejo' si tejase tva
om yajñeśvarāya yajña sambhavāya yajña pataye govindāya namo namaḥ

esa darpanah + mula mantra

67 . Ghrta Darsana:

One should show the auspicious element ghee to the Lord, saying:

ghrtavati bhuvananam abhi sriyor
vi prthivi madhu dughe supesasa
dyava prthivi varunasya dharmana
viskabhite ajare bhure retasa
om yajñeśvarāya yajña sambhavāya yajña pataye govindāya namo namaḥ
idam ghrtam + mula mantra

68 . Camara:

One should wave the camara over the Lord saying:

vato va mano va gandharvah sapta vimsatih
te agre' svam ayunjams te asmin javam adadhuh
om yajñeśvarāya yajña sambhavāya yajña pataye govindāya namo namaḥ

esa camara seva + mula mantra

69 . Abharaṇam (ornaments):

One should decorate the Lord with ornaments saying:

om svabhāva-sundarāṅgāya
satyāsatyāśrayāya te |
bhūṣaṇāni vicitrāni
kalpayāmy amarārcita || imāni abharaṇāni

etany abharanani + mula mantra

70 . Vandapanam:

On an auspicious day one should worship auspicious items. One should bring forth the following items and say the appropriate mantra.

earth:

bhur asi bhumirasy aditir asi
visvadhaya visvasya bhuvanasya dhatri
prthivim yaccha prthivim dr̥mha prthivim ma himsih

gandha:

tvam gandharva akhanams tvam intras tvam brhaspatih
tvam osadhe samo raja vidvan yaksmadam ucyata

stone:

pra parvatasya vrsabhasya prsthan
navas caranti svasti ca iyanah
ta ava vrtrannadharag udakta
ahir budhnyam anu riyaṃmanah
visnor vikramanam asi visnor vikrantam asi
visnoh krantam asi

rice paddy:

dhanyam asi dhinuhi devan
pranaya tvodanaya tva vyanaya tva
dirgham anu prasitim ayuse dham
devo vah savita hiranyapanih
pratigrbhnatv acchidrena panina
caksuse tva mahinam payo' si

durba grass:

kandat kandat prarohanti purusah parusaspari
eva no durve pratanu sahasrena satena ca

flowers:

om sris ca te laksmis ca patnyav
aho ratre parsve naksatrani rupam asvinau vyattam
isnannisanamum ma isana
sarvalokam ma isana

fruit:

yah phalini ya aphala apuspa yasca puspinih
brhaspatiprasutas ta no muncantv amhasah
yoghurt:
dadhikravno akarism jisnor asvasya vajinah
subabhi no mukha karat pra na ayumsi tarisat

ghee:

ghrtavati bhuvananam abhisriyor
vi prthvim madhudughe supesasa
dyava prthivi varunasya dharmana
viskabhite ajare bhuri retasa

svastikam:

svasti na indro vrddha sravah svasti nah pusa visvavedah
svasti nas tarksyo aristanemih svasti no brhaspatir dadhatu

sindhur (vermilion):

sindhur iva pradhvane sughanaso
vatapramiyah patayanti yahvah
ghrtasya dhara aruso na vaji
kastha bhindann urmibhih pinvamanah

conch:

agnir rsih pavamanah pancajanyah purohitah
tamimahe mahagayam

kajjala (collyrium):

samiddho anjan krdaram matinam
ghrtam agne madhumat pinvamanah
vaji vahanvajinam jatavedo
devanam vaksi priyama sadhastham

rocana:

yunjanti bradhnam arusam carantam pari tasthusah
rocante rocana divi

boiled rice:

annat parisruto rasam
brahmana vyapivat ksatram
payah somam prajapatih
rtena satyam indrayam
vipanam sukram andhasa
indrasyendriyam idam
payo' mrtam madhu

gold:

hiranyarupah sa hiranyasamdr̥g apam napat sedu hiranyavarnah
hiranyayat pari yoner nisadya hiranya dadaty annam asmai

silver:

rupena vo rupam abhyagam tutho vo visvaveda vibhajatu
rtasyapatha pretacandra daksina visvah pasya
vyantariksam yatasva sadasyaih

copper:

asau yas tamro aruna uta babhruh sumangalah
ye cainam rudra abhito diksu sritah sahasraso'vaisam heda imahe

white mustard seed:

raksohanam balagahanam vaisnavim idam
aham tam balagam utkirami yam me nistyo yam amatyo nicakhanedam
aham tam balagam utkirami
yam me savandhur yam asavandhurnicakhanedam
aham tam balagam utkirami
yam me sajato yam asajato ,nicakhanotkr̥tyam kirami

mirror:

pratipad asi pratipade tvanupadasy anupade tva
sampadasi sampade tva tejo' si tejase tva

lamp:

sriye jatah sriyah a niriyaya sriyam vayo jaritrbhyo dadhatu
sriyam vasana amrtatvam ayan bhavantu satya samitha mitadrau

One should place all the items on a beautiful plate, and holding the plate with one's hands one should offer it three times to the Lord saying:

svasti na indro vrddha sravah svasti nah pusa visvavedah
svasti nas tarksyo aristanemih svasti no brhaspatir dadhatu

and:

mahi gandhah sila dhanyam durba puspam phala dadhi
ghrtam svastika sinduram sankha kajjala rocanah
siddhannam kanacanam raupyam tamram siddhartha darpanau
dipah prasasta patram ca vandaniyah subhe dine

71 . Gandha

om paramānanda-saurābhya-
paripūrṇa-dig-antaram |
gr̥hāṇa paramaṁ gandham
kr̥payā parameśvara || eṣa gandhaḥ + mula mantra

72 . Puṣpa

om turīya-guṇa-sampannam
nānā-guṇa-manoharam |
ānanda-saurabham puṣpam
gr̥hyatām idam uttamam || + mula mantra

73 . Dhūpa

om vanaspati-rasotpanno
gandhāḍhyo gandha uttamaḥ |
āghreyaḥ sarva-devānām
dhūpo 'yaṁ pratig̥hyatām || + mula mantra

74 . Dīpa

om sva-prakāśo mahā-tejah
sarvatas timirāpah |
sa-bāhyābhyāntara-jyotir
dīpo 'yam pratigṛhyatām || + mula mantra

75 . Naivedyam

om nivedayāmi bhavate |
gṛhāṇedaṁ havir hare || idaṁ naivedyam + mula mantra

76 . Acamaniyam (mouthwash):

om yajñeśvarāya yajña sambhavāya yajña pataye govindāya namo namaḥ
idaṁ acamaniyam + mula mantra

77 . Tāmbūlam

om tāmbūlaṁ ca sakarpūraṁ
sugandha-dravyam āśritam |
nāga-vallī-dalair yuktaṁ
gṛhāṇa vara-do bhava || idaṁ tāmbūlam + mula mantra

78 . Nirajana (aratrika):

On a plate made of gold, silver or bell metal one should draw an eight petalled lotus using kumkum powder. One should make pista dipas (from barley and wheat flour mixed with sugar and milk), fill them with ghee and place wicks in them. One should be placed in the center of the lotus and one on each petal. After lighting the wicks one should chant the deity mula mantra over the flames and offer the plate to the Lord nine times saying:

dyauh santir antariksam santih
prthivi santir apah santir
osadhayah santir vanaspataya santir
visve devah santir brahma santih
sarvam santih santir eva santih
sa ma santir edhi
om yajñeśvarāya yajña sambhavāya yajña pataye govindāya namo namaḥ
esa dipah + mula mantra

79 . Abhisincana: One may then sprinkle the Lord with durba grass, saying:

samudra jyesthah salilasya madhyat
punana yanty anivisamanah
indro ya vajri vrsabho rarada
ta apo devir iha mam avantu
ya apo divya uta va sravanti
khanitrima uta vayah svayamjah
samudratha yah sucayah pavakas
ta apo devir iha mam avantu
yasam raja varuno yati madhye
satyanrte avapasyanjananam
madhuscutah sucayo yah pavakas
ta apo devir iha mam avantu
yasu raja varuno yasu somo
visve deva yas urjam madanti
vaisvanaro yasv agnih pravistas
ta apo devir iha mam avantu One may then sprinkle the Lord with durba grass, saying:
+ mula mantra

80 . Asirvada (blessings):

The brahmanas should give blessings saying:

addhindra prasthitema havimsi
cano dadhisva pacatota somam
prayasvantah prati haryam asi tva
satyah santu yajamanasya kamah or
tam srvantam na sanasim arusam na divah sisum
marmrjyante dive dive
bodhadyanma haribhyam kumarah sahadevyah
accha na huta udaram
uta tya yajata hari kumarat sahadevyat
prayata sadya a dade
esa vam devav asvina kumarah sahadevyah
dirghayur astu somakah
tam yuvam devav asvina kumaram sahadevayam
dirghayusam krnotana
+ mula mantra

Stuti (verses of praise):

One should then recite verses of praise of Govinda from the vedas or puranas.

Vrata:

During the daylight hours of the astami one should observe the vow of fasting in the association of devotees, and staying awake at night, at midnight one should perform

abhiseka according

to the vidhi just described, accompanied by joyful singing and dancing. The next day one should celebrate the Lord's appearance with great festivity and respect mahaprasadam with the vaisnavas.

One who performs worship of the Lord on Janmastami day according to the method stated above, and with the mood of service of the inhabitants of Vraja, will certainly gain the affection of Kṛṣṇa. Having gained that affection he will be blessed with deep love of Kṛṣṇa (prema) and will directly serve the Lord in Vṛndavana eternally.

Notes:

The ingredients of padyam may be identified as follows:

syamaka: millet, *Panicum frumentaceum*

visnukranta: butterfly pea, *Clitoria ternatea*

durva: dub gras, *Saccharum cylindricum*

The ingredients of sarvaushadhi may be identified as follows:

mamsi: spieknard, *Nardostachys jatamamsi*

vaca: sweet flag roots, *Acorus colamus*

kustgyha: kuth (Hindi), *saaussurea auriculata*

saileyam: dill, *Anethum graveolens*

sati: ginger, *Curcuma zedoaria*

musta: nut grass, *Cyperus rotrundas*

campaak: fruit of a plantain tree

rajani dvaya: turmeric, *Curcuma longa* and a relative *Curcuma aromatica*

Mahausadhi:

sahadevi: *Echites frutescus*

simhi: *Solanum melongena*

sankhapuspi: dankuni (Bengali), *Canscora decussata*

vayghri: *Solanum jacquini*

bala: *Sidonia cordifolia*

atibala: *Sidonia rhombifolia*

suryavarta: *Polanisia icosandra*
vaca: *Acorus colamus*

Sarvamangala:

padmaka: wood from *Cerasus puddum*

jati: chameli, *jasmin grandflora*

kunda: *jasmin multiflora*

kusa grass

durbha: *Saccharum cylindricum*

rocana: a yellow pigment made from the bile from the cow

Nirmancana:

sahadeva (bala): *Sida cordifolia*

sadabhadra: gamari (Bengali), *Gmelina arborea*

suryavarta: *Polanisia icosandra* , sirisa: *Acacia sirissa* , rajani: turmeric, *Curcuma longa*